



W. Henry Gregory, Ph.D., is a mental health professional with over thirty-five years of experience. He holds a doctoral degree in Clinical Psychology and master degrees in both Community Mental Health and Psychology. He has the expertise and extensive experience as a clinician, supervisor, director, trainer, consultant and researcher in several service areas including HIV/AIDS, child welfare, substance abuse, juvenile justice, criminal justice, school-based mental health, and behavioral health.

Currently, Dr. Gregory is an assistant professor at the University of Maryland, School of Nursing. He also provides consultation and training to public and private agencies through his organization, the Rafiki Consortium. Through Rafiki, he focuses on assisting service providers, policymakers, family members and other stakeholders in understanding and implementing skills, attitudes, and treatment service models that are culturally competent and grounded in a competency orientation toward promoting change.

Dr. Gregory's primary clinical orientation is family systems. He has specialized in the development of treatment models that apply to diverse service populations and the clinicians who deliver services to them. Along with several colleagues, he has participated in the developed "Enriched Structural Family Therapy" to directly address the clinical needs of minority families whose issues and processes frequently fall outside of mainstream norms. At Progressive Life Center of Washington, DC he led the development of "NTU Psychotherapy" a culturally competent system of care that is spiritually based.

As a constructivist, Dr. Gregory passionately believes that we create our destiny by how we think about ourselves and our circumstance. To this end, he believes that a focus on strengths, competencies, and resilience will revolutionize the field of mental health. His research on resiliency is intended to expand the knowledge base in the competency movement and consequently support briefer and more culturally competent service delivery to more diverse populations internationally.

Workshop

The NTU of Mind Training:

Healing from a Psycho-Spiritual Perspective

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